



PRE-LEVEL 3 SYLLABUS

AGE 7-9

BARRE

1. Demi Plié in first and second position.
2. Grand Plié in first and second position.
3. Battements tendus in first positions in all directions.
4. Battements tendus jetés in first positions in all directions.
5. Demi Rond de Jambe par terre in first position.
6. Battements Fondus in first position in position of tendus on the floor in all directions.
7. Battements Soutenus on flat in all directions.
8. Relevé lent 45 degrees in first position in all directions.
9. Relevé in demi pointe in first position, facing the barre.

CENTRE

Repeat barre steps facing en face.

10. Port de bras number 1.
11. Temps Leve (Sauté) in first and second positions.
12. Echappe Sauté with arms on waist.